

AMATHUS *Spa* 
& Wellness Centre



Welcome to the Amathus Spa & Wellness Centre

Beyond rejuvenation. Beyond restoration. An invitation to breathe...

The path to a transformative experience begins the moment you walk through the doors of the Amathus Spa & Wellness Centre.

Partake in one of our many signature services, designed to reflect the distinctive choice of treatments that convey the essence of the destinations which inspired them. Enjoy luxurious Facials, Massages, Body Treatments or indulge in a complete week-long personal journey to inner serenity by choosing one of our enticing spa packages. No matter which type of treatment you prefer, Amathus Spa & Wellness Centre offers a harmonious blend of tranquility and seclusion paired with the personalized service of our experienced specialists. Delight in the restorative powers that are generated by our attentive staff and the prestigious brands we collaborate with, as we will nurture you and help clear your mind, relax and care for your body and heal your soul.

Beauty is deeper than your skin but that is where it surfaces.










SIGNATURE TREATMENT

Submit yourselves into the hands of our therapists in the privacy of the Amathus Spa Suite; revive your senses, soothe your spirit and indulge your body from the tips of your hair to the tips of your toes with the memorable 'Amathus Royal Experience'.

The Amathus Royal Experience

-  *Tropical Saltmousse Glow*
-  *Royal Thai Massage*
-  *Stem Cells Elite Freeze Dried Face Treatment*

2hrs 55 minutes € 409.00



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Natural ingredients. Professional results.



ONE DAY PACKAGES

Harmony

- ☞ Tropical Escape De-Ageing Wrap with Pineapple & Papaya
 - ☞ Classic Back Massage
 - ☞ Plantomer Hydrating Facial
- 2hrs 35 minutes € 361.00

Rejuvenate

- ☞ Aromatherapy Massage
 - ☞ Luminous 'C' & 'Sea' Facial
 - ☞ De-Stress Eye Wrinkles or Eye Puffiness
- 2hrs 20 minutes € 333.00

Refresh

- ☞ Full Body Polish
 - ☞ Lumafirm® Body Firm & Glow Wrap
 - ☞ Classic Full Body Massage
- 2hrs 35 minutes € 337.00

Renew

- ☞ Desert Heat Copper Body Wrap
 - ☞ Classic Full Body Massage
 - ☞ Elasto-Firm Facial
- 3hrs 05 minutes € 413.00

Lift & Glow

- ☞ Lumafirm® Body Firm & Glow Wrap
 - ☞ Lumafirm® Lift & Glow Facial
 - ☞ De-stress Eye Wrinkles or Eye Puffiness
- 2hrs 25 minutes € 352.00

Vitality

- ☞ Tropical Saltmousse Glow
 - ☞ Head & Shoulders Massage
 - ☞ Deep Pore Cleansing Facial
- 2hrs 35 minutes € 318.00

Detox

- ☞ Full Body Polish
 - ☞ Detox Seaweed Thalasso Wrap
 - ☞ Lymphatic Drainage Massage
- 2hrs 50 minutes € 347.00

Bliss

- ☞ Tropical Saltmousse Glow
 - ☞ Deep Tissue Massage
 - ☞ Lumafirm® Lift & Glow Facial
- 2hrs 35 minutes € 356.00

*Luminous 'C' & 'Sea' Facial can be replaced by Elasto-Firm Facial or Oxy Vital Soothing Facial.



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ONE DAY PACKAGES

Time for Her

- Tropical Saltmousse Glow*
 - Classic Full Body Massage*
 - Luminous 'C' & 'Sea' Facial*
- 2hrs 35 minutes € 347.00

Time for Him

- Full Body Polish*
 - Classic Full Body Massage*
 - Plantomer Hydrating Facial*
- 2hrs 35 minutes € 333.00





NATURAL INGREDIENTS PROFESSIONAL RESULTS

*Pevonia's most powerful ingredients come from the safest source...nature.
For nearly three decades, Pevonia has been the skincare brand of choice
for the finest spas and professional skin therapists worldwide.
By uniting the latest in advanced manufacturing and delivery systems,
Pevonia delivers superior results and radiant skin to every skin type.
Experience the power of nature and the luxury of the spa with Pevonia.*



FACIAL TREATMENTS

Express Facial

☞ This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturizer.

30 minutes € 90.00

Deep Pore Cleansing Facial

☞ A thorough, irreplaceable Deep Cleansing Treatment that will eliminate blackheads and congestion, leaving the skin feeling 'squeaky clean'! Ideal for an Oily/Congested skin type.

60 minutes € 125.00

Plantomer Hydrating Facial

☞ This deeply hydrating and mineralizing mask has high seaweed content which soothes, heals and refreshes combined with the benefits of revitalizing Propolis, a natural healing and desensitizing substance, rich in natural antibiotics and Vitamin A. This facial is ideal for Sensitive, Eczema and Psoriasis prone skin types.

60 minutes € 145.00

Oxy Vital Soothing Facial

☞ Rich in Aloe Vera, nature's answer to soothing traumatised skin combined with Azulene a derivative of Chamomile to act as an anti-inflammatory. This mask desensitises, hydrates and heals the skin post-operative and post-sunburn. Suitable for sensitive, super-sensitive skin, as well as self-inflicted irritation.

60 minutes € 145.00



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FACIAL TREATMENTS

Elasto-Firm Facial

☞ A firming facial rich in Elastin, the second most important protein to the skin after Collagen. Elastin forms the support network to the skin, rebuilding its strength and ability to spring-back, leaving the surface intensely firmed and tightened. The complexion is hydrated, radiant and youthful. A perfect enhancement to an anti-ageing regime and the ultimate answer to supple skin.

60 minutes € 150.00

Luminous 'C' & 'Sea' Facial

☞ A potent blend of stabilised Vitamin 'C' combines with the latest high-tech formulation of freeze-dried Seaweed and Squalane Oil. Ideal for reducing fine lines, strengthening elasticity and providing relief for dull, sun-damaged skin. This refreshing, soft lift-off mask will restore a youthful appearance as the complexion is renewed, firmed and left extremely smooth, rendering the skin nothing but luminous. Recommended to delay the signs of ageing and to lighten and brighten a dull, sallow skin.

60 minutes € 150.00

Lumafirm™ Lift & Glow Facial

☞ Seeking a treatment with amazing instant results? Redefining radiance and facial contouring, this exclusively formulated treatment features the latest in freeze dried technology to deliver instant results and cumulative skin care benefits. Ideal for any skin type showing signs of ageing or as the perfect instant repair boost when you want to look your absolute best. Performance driven, this facial features the best anti-ageing ingredients, rendering the skin ultra-luminous with a firmer, tighter and more youthful defined appearance.

60 minutes € 150.00

Stem Cells Phyto Elite™ Freeze Dried Face Treatment

☞ This ground-breaking freeze-dried treatment redefines the anti-ageing facial! Infused with the first ever blend of Argan and Comfrey Stem Cells and supercharged de-agers like Collagen, Retinol, Elastin and other key actives, it starts working from the first application. Visibly reducing lines and wrinkle depth, it delivers a smoother skin surface with improved firmness, and long term protection of the skin's naturally repairing stem cells. The ultimate answer to age-reversal!

60 minutes € 190.00



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pevonia
STEM CELLS
PHYTO-ELITE[®]
plant origin
INTENSIVE SERUM
Sérum Intense
30 ML / 1 FL OZ

pevonia
STEM CELLS
PHYTO-ELITE[®]
plant origin
INTENSIVE CREAM

pevonia
STEM CELLS
PHYTO-ELITE[®]
plant origin
MULTI-ACTIVE
FOAMING
CLEANSER
Démaquillant
Moussant
Multi-Actif





EYE TREATMENTS - TOTAL CARE FOR FRAGILE EYE ZONE

De-Stress Eye Wrinkles

*☞ Alleviates the problem of wrinkles and crêpey skin, also helps to hydrate, plump and reduce the appearance of fine lines. May be performed alone or added to any facial treatment.
25 minutes € 70.00*

De-Stress Eye Puffiness

*☞ Stimulates lymphatic capillaries to drain effectively. Reduces puffiness, helps to ease dark circles and re-energizes the eyes. May be performed alone or added to any facial treatment.
25 minutes € 70.00*

De-Stress Eye Wrinkles & Puffiness Combination Treatment

40 minutes € 90.00



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BODY TREATMENTS - EXFOLIATING & POLISH

Full Body Polish

☞ A rich, creamy-textured skin refining body scrub to remove impurities and rough skin. Gentle and deep-cleansing, Pevonia's Body Polish uses natural jojoba granules to activate the blood circulation without harming the fine capillaries, leaving skin soft, silky and smooth.
40 minutes € 80.00

Tropical Saltmousse Glow

☞ A spa exfoliating treatment unlike any other! This Saltmousse Glow will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. As water is added to the Saltmousse, the skin is polished with this aromatic scrub. As it pleasantly foams it naturally rehabilitates the skin leaving a youthful smooth surface. Pineapple-Papaya repairing, smoothing and rejuvenating.
40 minutes € 90.00



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BODY TREATMENTS - WRAPS

Lumafirm® - Body Firm & Glow Wrap

Feel confident looking your very best with Pevonia's Lumafirm® Firm & Glow Body Wrap. Enriched with 26 dynamic ingredients including an exclusive combination of anti-ageing extracts; the latest in peptides, and an amazing liposomic technology, everybody will look youthfully radiant with Pevonia's Lumafirm® Lift & Glow Body Wrap! Deeply repairing, hydrating, smoothing and de-ageing. This luxurious wrap leaves every inch of your skin velvety soft while rendering your body visibly rejuvenated, instantly firmer and more toned. Experience the visible difference for yourself. 60 minutes € 150.00

Tropical Escape De-Ageing Wrap with Pineapple & Papaya

Drenched with Papaya and Pineapple, this tropical wrap is enriched with Crème Fraîche natural butter, calcium, magnesium, saccharides, vitamin A and pomegranate extract. Blended with potent anti ageing ingredients such as, collagen and elastin polypeptides, this Crème Fraîche formula glides smoothly over the skin. Experience a glorious sensory escape as you are enveloped by the scent of vanilla and enticing tropical fruits. The skin is deeply nourished and rejuvenated, revealing an astonishing decrease in body crepiness and wrinkles. Also recommended for premature ageing. 70 minutes € 160.00

Desert Heat Copper Body Wrap Treatment

A wellness treatment to restore, mineralise, heal, de-stress, and tone. This unique self-heating, bubbling wrap rich in copper is one of the best heat conductors used in the medical field for skin repair and wound healing. It is also rich in magnesium and zinc to overcome fatigue and stress. This powerfully effective, revitalising wrap provides a true sense of relaxation, health, and well-being. As healing and nourishing minerals penetrate the skin, every inch is relieved and renewed resulting in a fatigue-free, mineralised body. Ideal for those with ageing skin, athletes and those prone to chronic pain, rheumatism/arthritis, muscular fatigue and post sports injuries. 70 minutes € 160.00



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BODY TREATMENTS - WRAPS - SLIMMING

Detox Seaweed Thalasso Wrap

Wrap yourself in Seaweed Therapy! A remarkable treatment for body contouring, this blend of the finest seaweed, harvested of the French coast of Brittany is renowned for its therapeutic properties. This effective treatment detoxifies and re-mineralises dry, depleted skin whilst the body is covered with warm micronized Seaweed and gently wrapped. As stress and toxins are eliminated, the entire body is replenished with multiple vitamins, minerals and enzymes. Enhance the results alongside a healthy eating plan and regular exercise.

60 minutes € 150.00



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HYDROTHERAPY

Aroma Hydrotherapy Bath

*☞ Aromatherapy essential oils melt away stress, calm your senses and enhance the therapeutic benefits whilst conditioning the skin.
25 minutes € 70.00*

Romantic Bath for Two

*☞ Experience the sensory delights of a bathing experience for two. Submit yourselves to the tranquil warmth and melt away stress together.
25 minutes € 100.00*

Detox Hydrotherapy Bath

*☞ A unique seaweed and algae bath that works to free toxins and remove excess fluid. Excellent as part of a weight loss program or combined with the Detox wrap or Green coffee cellulite treatment for faster results.
25 minutes € 70.00*

Moor Mud Hydrotherapy Bath

*☞ Canadian Moor mud rich in minerals gives immediate relief to arthritis, aches, pains and muscle fatigue. Ideal as post sport treatment to soothe the body.
25 minutes € 70.00*



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MASSAGE TREATMENTS

Classic Full Body Massage

*☞ This is a relaxing massage utilizing medium pressure techniques. This massage helps to de-stress the body by working on tense muscles, stimulating circulation and leaving a totally relaxed feeling.
55 minutes € 125.00*

Classic Back Massage

*☞ Classic Back Massage is a relaxing massage utilizing medium pressure techniques. Focusing on the back, neck & shoulders to help relax, release stress and tension from your muscles.
25 minutes € 75.00*

Deep Tissue Massage

*☞ A deep tissue massage which involves the manipulation of the soft tissue structures of the body to prevent and alleviate pain, discomfort, muscle spasm and stress. Especially beneficial if you are suffering from aches, pain and stiffness.
55 minutes € 135.00*

Deep Tissue Back Massage

*☞ The delivery of a deep tissue massage techniques will help to alleviate the stress and tension often felt in the back, neck and shoulders.
25 minutes € 85.00*

Aromatherapy Massage

*☞ Aromatherapy Massage has a light touch and is a holistic massage for complete relaxation, using a blend of the highest quality essential oils. This massage will dissolve stress and tension.
55 minutes € 130.00*

Aromatherapy Back Massage

*☞ A relaxing massage which concentrates on the back, neck and shoulders, using a blend of the highest quality essential oils to relieve stress and tension.
25 minutes € 80.00*



MASSAGE TREATMENTS

Lymphatic Drainage Massage

- ☞ *A soft and rhythmic massage technique promoting cellular regeneration throughout the body. This massage focuses on areas where there is a concentration of the lymph nodes encouraging the circulation of the lymphatic system and the elimination of toxins, while acting favorably on water retention and cellulite.*
70 minutes € 135.00

Head & Shoulders Massage

- ☞ *Ideal for those experiencing high levels of stress to provide a renewed sense of wellbeing and tranquillity. This treatment relieving tension from your head, shoulders, neck, regulate energy and works to balance your body and mind. The treatment is concluded with oiling of the hair.*
55 minutes € 120.00

Revitalizing Foot Massage

- ☞ *Revitalizing Foot Massage works on the principle that all our organs are represented in the feet. By working on these points with acupressure, the therapist can help to rebalance the system and obtain harmony to body and mind.*
55 minutes € 120.00

Face Massage

- ☞ *Face massage is designed to release tension, minimizing the appearance of fine lines and wrinkles. It increases circulation, tightens facial muscles, normalizes the moisture balance, reduces toxins and increases radiance.*
25 minutes € 65.00

Hot Stone Massage

- ☞ *A sensory journey for a complete holistic approach and relaxation. Stimulates the body's own ability to release stress and restore peace, bringing about a taste of deep relaxation. Mind and body are re-balance and skin is left glowing with health.*
75 minutes € 150.00







MASSAGE TREATMENTS

Thai Massage

Performed on the floor, an ingenious system of movements, allows the therapist to manipulate, loosen and stretch the body, with techniques unique to this ancient massage. Working on the energy lines, which run throughout the body, it releases blockages, opens the chakras, increasing your energy and flexibility whilst inducing a peaceful mind.

55 minutes € 130.00

85 minutes € 185.00

Thai Herbal Compress Ritual

This exotic ritual combines the use of heated Thai herbal compresses with a full body massage to focus on key areas of stress and tension whilst improving flexibility and providing total equilibrium to the body and mind.

75 minutes € 150.00

Royal Thai Massage

A unique massage, using a combination of pressure points, stretching and a warmed blend of aromatic essential oils. This oriental massage will alleviate the pain, simultaneously invigorate the body and muscles while boosting the body's energy level.

75 minutes € 150.00







TREATMENTS FOR COUPLES

Performed in our luxury Thai Suite, experience the following treatments simultaneously with your friend or partner:

Classic Full Body Massage

55 minutes € 125.00 (per person)

Head & Shoulders Massage

55 minutes € 120.00 (per person)

Classic Back Massage

25 minutes € 75.00 (per person)

Revitalizing Foot Massage

55 minutes € 120.00 (per person)

Aromatherapy Massage

55 minutes € 130.00 (per person)

Lymphatic Drainage Massage

70 minutes € 135.00 (per person)

Aromatherapy Back Massage

25 minutes € 80.00 (per person)

Thai Massage

55 minutes € 130.00 (per person)

85 minutes € 185.00 (per person)

Deep Tissue Massage

55 minutes € 135.00 (per person)

Royal Thai Massage

75 minutes € 150.00 (per person)

Deep Tissue Back Massage

25 minutes € 85.00 (per person)



For individual treatment descriptions please see relevant sections of spa menu.



PREGNANCY TREATMENTS

Time For Mum

Enhance the experience of being pregnant with this treatment package exclusively designed by Pevonia. Specifically tailored to safely care for mothers-to-be needs, this treatment combines a Pevonia Signature Massage with the Plantomer Hydrating Facial or Oxy Vital Soothing Facial. Addressing the physiological and psychological changes associated with pregnancy, feel cared for with this unique treatment package.
90 minutes € 190.00

Massage for Mum

Massage for mum is a wonderful way to relax, increase your energy and relieve discomfort during your pregnancy. Pregnancy massage is a gentle, non-invasive, full body treatment, achieved by using a side lying position comfortably supported with cushions. The technique used not only concentrates on alleviating some of the aches and pains associated with pregnancy but also increases circulation and reduces swelling.
55 minutes € 125.00

Oxy Vital Soothing Facial

Rich in Aloe Vera, nature's answer to soothing traumatised skin combined with Azulene a derivative of Chamomile to act as an anti-inflammatory. This mask desensitises, hydrates and heals the skin post-operative and post-sunburn. Suitable for sensitive, super-sensitive skin, as well as self-inflicted irritation.
60 minutes € 145.00

Plantomer Hydrating Facial

This deeply hydrating and mineralizing mask has high seaweed content which soothes, heals and refreshes combined with the benefits of revitalizing Propolis, a natural healing and desensitizing substance, rich in natural antibiotics and Vitamin A. This facial is ideal for Sensitive, Eczema and Psoriasis prone skin types.
60 minutes € 145.00



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HANDS & FEET

Spa Manicure

- A full manicure treatment including exfoliation, hand mask and a soothing hand massage followed by an application of nail varnish of your choice.*
60 minutes € 65.00

Spa Pedicure

- A full pedicure treatment including a bubbling spa bath to soothe your tired feet, exfoliation, foot mask and a relaxing foot massage, followed by an application of nail varnish of your choice.*
75 minutes € 80.00

Re-Shape & Polish 30 minutes € 25.00

Polish 20 minutes € 20.00

Shellac

- Application with Manicure*
75 minutes € 75.00
- Application with Pedicure*
75 minutes € 85.00
- Re-Shape & Application*
45 minutes € 45.00
- Removal*
30 minutes € 20.00





AROMATHERAPY
ASSOCIATES
LONDON

For more than 30 years Aromatherapy Associates, a truly British brand, has been specialising in harnessing the natural healing powers of the finest natural ingredients, purest extracts and essential oils to include in their products and treatments, transforming the aromatherapy experience into something highly effective yet luxurious and exceptional.



AA FACIAL TREATMENTS

Deep Cleanse Facial AA

A Purifying treatment for oily and combination skin, this treatment refreshes and balances, leaving the complexion super clean and fresh. Cleansing and exfoliation is followed by steaming, extraction and a hot towel compress to refine the pores. A facial massage follows using drainage techniques to improve circulation and help eliminate toxins whilst special pressure points ease tension and stress. A deep cleansing mask is then applied to draw out dirt and harmful impurities. As relaxing as it is cleansing, this treatment also includes a scalp massage and hand and arm massage for complete care.

90 minutes € 150.00

Age Repair Facial AA

Your skin is prepared by cleansing and exfoliating before being massaged with oils renowned for their cell renewal and anti-oxidant effects. Two masks are applied, a rose gel to hydrate, and an intense strawberry seed and frankincense mask to firm and plump. Whilst the masks take effect, the eye area is taken care of with a lymphatic massage to improve skin suppleness and elasticity and your scalp is massaged to release stress and tension.

90 minutes € 150.00

The Essential Rose Facial AA

This luxurious facial harnesses the regenerative properties of rose to nourish, soften and hydrate all skin types, especially dry, delicate and finely textured complexions. Your skin is thoroughly cleansed, exfoliated and toned followed by a traditional aromatherapy pressure point massage combined with lymphatic drainage to release facial tensions and congestion. Then while a hydrating facial mask goes to work, your arms and hands are massaged and your skin is finally treated with a deeply moisturising facial oil and moisturiser.

60 minutes € 115.00

Soothing Facial AA

This treatment is particularly for those suffering from redness or irritation. A truly soothing and calming facial suitable for irritated or inflamed skin, it will help to reduce redness, nourish, soothe, and restore the skin's natural balance and radiance.

60 minutes € 115.00



AA BODY TREATMENTS

Body Polish AA

A relaxing all over exfoliation and layering of richly nourishing products to leave the skin looking radiant and feeling wonderfully smooth.

45 minutes € 80.00

Rose Indulgence AA

The ultimate exfoliation and wrap treatment to uplift the spirit and enrich the skin. Skin is exfoliated smooth then nourished with a full rose ritual from hair -to-toe.

The treatment begins with guided breathing to aid relaxation followed by a full body exfoliation, softening the skin and allowing the layering of rose products to fully absorb.

60 minutes € 120.00





SPA ETIQUETTE

Reservation

☞ We recommend you book in advance to ensure that your preferred time and service is available. When making your spa reservation, kindly advise us of any health conditions, allergies, or injuries, which could affect your choice of treatment.

Arrival Time

☞ Guests are advised to arrive at least 15 minutes prior to their first appointment to allow themselves ample time to check in, change and familiarize yourself with the Spa environment. Out of consideration for all spa guests, late arrivals will not be given an extension of scheduled treatment times and the full cost of the treatment will be charged.

What to Wear

☞ We provide a luxurious bathrobe and slippers for use whilst visiting our Spa. These items are available in the spa changing room locker. Underwear or suitable swimwear should be worn in the treatment room and during treatments. For certain treatments your therapist will provide disposable undergarments, and suitable towel draping will be always used. Please remove all your jewellery before your treatments.

Mobile Phones

☞ To maintain a tranquil and relaxing environment, we require that mobile phones and electronic devices are turned off during your Spa visit.

During Treatments

☞ During treatments, please let your therapist know if you are uncomfortable, too warm, or too cold, or if her pressure is too light or too firm. Your comfort and care are our greatest concern and priority. There is no pressure to talk during a treatment. If you have any questions or would like to talk, feel free to do so. If you prefer silence, that is entirely up to you. Our therapists will take their cue from you.

Cancellation Policy

☞ Please note that 24 hours cancellation notice is required for all bookings and services, otherwise 50% of the total treatment price will be charged.





SPA ETIQUETTE

Useful Information

- If you have a particular injury or physical conditions, please advise your therapist. Appropriate adjustments to the treatment will be made for your comfort and enhanced benefit.*
- The Spa is a sanctuary of peace and harmony, so please be aware of the volume of your voice so as not to disturb other guests.*
- Spa guests must be 16 years of age and over to receive any spa treatment.*
- The Hotel is not responsible for any loss of valuable left in the Spa area, nor can it be held liable for any such loss.*

Opening Times

- The Amathus Spa & Wellness Centre operating hours are from:
10:45 – 12:30 & 13:30 – 19:15*







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